



Holy Trinity CE  
Primary School

# P.E Progression Map

Key concepts taught throughout P.E

- Develop practical skills
- Be physically confident in a way to support health and fitness
- Compete
- To be able to think tactically in game situations

	Autumn Term	Spring Term	Summer Term
EYFS	Introduction to PE  Dance  Fundamentals	Ball Skills  Gymnastics  Dance	Games  Fundamentals  Dance
Year 1	Playground Games and Target games  Dance	Ball skills Sending and receiving  Gymnastics	Invasion Games  Sports day preparation & training
Year 2	Indoor-Dance  Ball skills - Sending and receiving	Netball  Invasion games feet- football	Sports day preparation & training  Striking and fielding
Year 3	Gymnastics  Football  Tag Rugby	Dance  Netball  Kick Ball Rounders	Cricket  Athletics
Year 4	Gymnastics  Basketball	Dance  Tag Rugby	Rounders  Athletics
Year 5	Badminton  Hockey  Football	Gymnastics  Netball  Tag Rugby	Cricket  Athletics
Year 6	Badminton  Tag Rugby	Gymnastics  Netball Kick Ball Rounders	Golf / Tennis  Athletics